

PA 14: Wellness Programs

1 point available

Rationale

This credit recognizes institutions that support the health and wellbeing of their employees and students. Providing wellness programs and smoke-free environments can enhance the health and wellbeing of the entire campus community.

Applicability

This credit applies to all institutions.

Criteria

Part 1. Wellness program

Institution has a wellness and/or employee assistance program that makes available counseling, referral, and wellbeing services to students and/or employees.

Part 2. Smoke-free environments

Institution prohibits smoking (as defined by the institution) within all occupied buildings that it owns or leases, and either:

- A. Restricts outdoor smoking (e.g., by designating smoking areas or smoke-free spaces), OR
- B. Prohibits smoking and tobacco use across the entire campus.

Policies adopted by entities of which the institution is part (e.g., government or university system) may count for this credit as long as the policies apply to and are followed by the institution.

Scoring

Each part is scored independently.

Part 1

An institution earns the maximum of 0.5 points available for Part 1 of this credit for making counseling, referral, and wellbeing services available to all members of the campus community. Partial points are available based on the number of groups for whom the institution makes wellness services available. For example, an institution that makes wellness services available to all academic and non-academic staff, but not to students, would earn 0.33 points (two-thirds of the points available for Part 1).

Part 2

An institution earns the maximum of 0.5 points available for Part 2 by prohibiting smoking and tobacco use across the entire campus. Partial points are available for prohibiting smoking indoors and restricting outdoor smoking. An institution that prohibits smoking indoors and restricts outdoor smoking earns 0.25 points (half of the points available for Part 2).

Reporting Fields

Required

Part 1

- ☐ Does the institution have a wellness and/or employee assistance program that makes counseling, referral, and wellbeing services available to all members of the following groups?
 - Students
 - Academic staff (i.e., faculty members)
 - Non-academic staff

If yes to any of the above, provide:

- A brief description of the institution's wellness and/or employee assistance program(s) (Include information to support each affirmative response above.)

Part 2

- ☐ Does the institution prohibit smoking within all occupied buildings owned or leased by the institution?
- ☐ Does the institution restrict outdoor smoking (e.g., by designating smoking areas or smoke-free spaces)?
- ☐ Does the institution prohibit smoking and tobacco use across the entire campus?

If yes to any of the above, provide:

- The institution's smoke-free policy (upload or website URL)

Optional

- ☐ Website URL where information about the institution's wellness programs is available
- ☐ Additional documentation to support the submission (upload)
- ☐ Data source(s) and notes about the submission
- ☐ Contact information for a responsible party (an employee who can respond to questions regarding the data once it is submitted and available to the public)

Measurement

Timeframe

Report on current program status and offerings at the time of submission.

Sampling and Data Standards

Not applicable.

Standards and Terms

Not applicable.